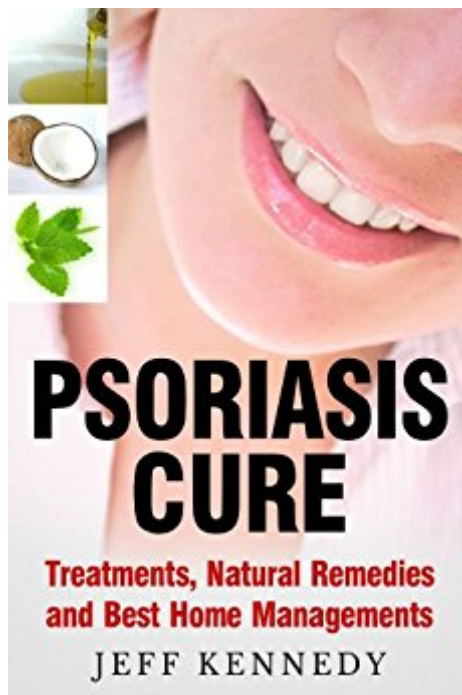


The book was found

Psoriasis Cure: Treatments, Natural Remedies And Best Home Managements (Skin Disease, Skin Problems, Skin Diseases And Disorders Book 1)



Synopsis

Cure Psoriasis and be able to live a normal and happy life. You're about to discover the best advices for the medical science to overcome this skin condition. Here Is A Preview Of What You'll Learn.... Know various ways that you can help your body recover from psoriasis. How to stop the itch, pain, and discomfort associated with psoriasis. Learn the complex details of psoriasis in an easy way. The most effective ways of managing any type of psoriasis by avoiding the most common triggers of this skin condition. You will learn an effective symptoms management, so this skin disease will not become a hindrance in your life. STOP suffer in silence. This book will help you to manage, and even potentially cure, your psoriasis on both conventional and alternative methods. Learn and apply 13 effective Natural Remedies. Learn about the "Frequently Asked Questions" about cure psoriasis. Much, much more! Download your copy today! If you follow this guide, no matter what your age, gender or current levels of health, you can be Psoriasis Free. Get Back Your Life, Your Confidence and Your Self Esteem NOW!

Book Information

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Customer Reviews

For me, I have always had very dry, flaky, itchy skin everywhere, especially on my feet! Then I learned that I had Psoriasis. Went through buying no perfumed and gentle from detergents to hand lotion! You get the picture...Then I found this very helpful book and it has helped me to understand the Signs, TRIGGERS that make my Psoriasis worse! And I love the section with the tips on Taking Charge of Breakouts which covers eating certain healthy foods to help control this.***This is the BEST BOOK about Psoriasis that I have ever read, the whole book is loaded with useful information!Highly suggest this book if you have Psoriasis or even sensitive skin. It has been such a help to me and I believe it will help you as well.

Jeff Kennedy has suffered from psoriasis and understands the skin condition as well as anyone. He has gathered all the available information about this curious condition and shares his insights with the reading public in a very well conceived little book.He opens his discussion with the facts known about the etiology of psoriasis: it is a genetic condition, an autoimmune condition not caused by bacteria virus or fungus, and is not contagious. Some of the causes for onset include stress triggers, skin injuries, prescription or OTC drugs (eg Inderal), weather, alcohol, tobacco smoke, etc. He mentions that the signs of the condition include scaly oily plaques, tiny bleeding spots, as well as manifestations on fingernails.He then emphasizes the treatments, first in finding ways to strive for healthier lifestyle and diet, decrease triggers, and protect the skin. Oral meds include methotrexate, cyclosporine, and oral retinoids and topical treatments include keeping the clean skin, use moisturizers, and the meds calcipotriene, corticosteroids, anthralin, coal tar, in addition to UV treatment, retinoids, Phototherapy with UVB (ultra violet B) and PUVA (psoralen and ultraviolet A light) and the natural treatments - vinegar, Epsom salts, wheat germ castor and sunflower oils, vitamin E, fish oil, goldenseal, milk thistle, Gotu Kola, natural sunlight, capsaicin, and organic non fragrant shampoos. Note that Kennedy uses the word `permanently eliminate' instead of `cure' in the title of the book. As of this time, no cures are known.Without attempting to act as a medical advisor, Kennedy gives an overview of a puzzling condition that troubles many people and the result is very informative. Grady Harp, January 14

Helpful book!

ok

This book is probably written by a doctor unfortunately it advises you to eat a trigger food tomatoes which is commonly known to aggravate psoriasis thumbs down for this book

I am glad that I have purchased and read this book. Very profound explanation of psoriasis and the ways to fight this disease in a natural way. I found out that psoriasis is not the end of the world and to manage it successfully you just need some discipline and a certain change of lifestyle. This book thoroughly deals with all aspects of psoriasis and author knows what he is talking about because he suffered from psoriasis. The book has some very interesting ideas many of them I've never heard before. I recommend this book for people who are fighting psoriasis because it does provide a hope, encouragement and real solutions to beat this disease.

I give this book a 5/5 because it has everything you need to know about psoriasis, suffering from scalp psoriasis this book help a lot. The aspect that i found very interesting is that it gives natural ways to get rid of the disease. I recommend this book to people that has psoriasis (any type) or you can gifted to somebody that has the disease. I recommended to parents that has kids with psoriasis.

I found the information in this book to be very clear and easy to understand. Having members in my family that have suffered from this ailment, it was nice to learn several ways one can use to fight against outbreaks. Very well written and I highly recommend it to anyone who has or knows someone with the horrible skin disease.

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